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RETIREMENT: A NEW ADVENTURE (PAPERBACK)



iUniverse, United States, 2009. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Research indicates that there is a definite connection between life style and longevity. Personal characteristics that support longevity are optimism, adaptability, resilience, healthy self-esteem, a sense of humor, and the ability to reach out to others. Read what others have learned and experienced about retirement. Just as students need a plan for starting a career, everyone needs a...

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- Authored by Borman Christopher Borman, Christopher Borman
- Released at 2009



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Reviews

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-- **Ms. Donna Parker MD**

This created book is wonderful. This is for all those who statte that there was not a worth reading. Your way of life span will likely be enhance as soon as you comprehensive looking at this publication.

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