

Austerity Dad: Handy Hints and Tips for the Family on a Budget



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(Carlie Bahringer IV)

AUSTERITY DAD: HANDY HINTS AND TIPS FOR THE FAMILY ON A BUDGET

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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 322 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. While millions of women struggle to get to grips with the schedule and skills of being a stay-at-home parent, Jason Ayres found the early years of his new job even harder. Having learned everything by the seat of his ever-so-patient pants, he's now on a mission to share his experiences with the world. The first book chronicling his experiences, *Fortysomething Father*, was launched earlier this year to great success. With heaps of further wisdom and musings still left to share, Ayres is delighted to announce the launch of *Austerity Dad*. Chronicling a year in the life of his experiences bringing up two young boys, the novel uniquely fuses side-splitting humour with an abundance of solid real-world advice. Written to both entertain and inform other parents, the book is causing quite a stir across the country. Many believe that the diary of a stay-at-home dad will recount structured play times, endless changing of nappies and a day to day account of the school run. However, this couldn't be further from the truth, says Ayres, who also runs a successful disco and karaoke business. Continuing, Readers will actually find stories about subjects as diverse as home pedicures, my somewhat unorthodox healthy eating advice, and learning how to save vital money often the hard way! These are interwoven with relevant anecdotes from my past, from schoolboy pastimes to my very different past career when I was part of the rat race. Excerpts from the book showcase the ease of reading Ayres diary format. Wednesday 12th September 2012: In my primary school days we used to play a game called Hunters at lunchtimes. This was a kind of cross between a giant game of hide...

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